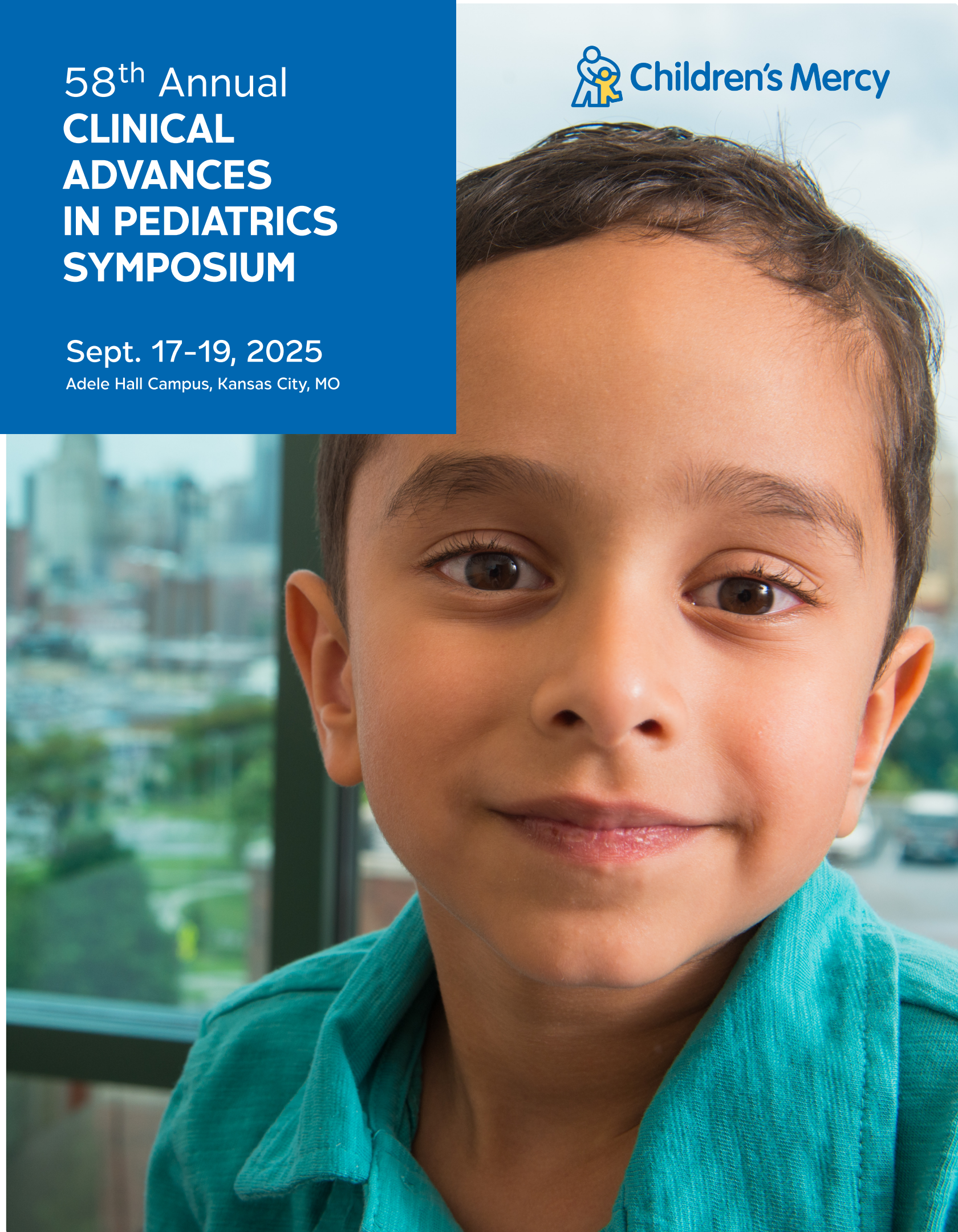


58<sup>th</sup> Annual  
**CLINICAL  
ADVANCES  
IN PEDIATRICS  
SYMPOSIUM**

Sept. 17-19, 2025

Adele Hall Campus, Kansas City, MO





# 2025 PROGRAM AGENDA\*

## WEDNESDAY, SEPT. 17

- 7:45 a.m. **Welcome and Opening Remarks**  
*Tyler Smith, MD, MPH*
- 8:00 a.m. **Overview of Scoliosis**  
*John Anderson, MD*
- 8:30 a.m. **Keynote: Books, Brains, and Bonds: Next Chapters in Pediatric Early Literacy Promotion**  
*Perri Klass, MD*
- 9:15 a.m. **From Abstinence & Risk to Real Relationships: A New Paradigm for Adolescent Sexuality**  
*Ryan Pasternak, MD, MPH*
- 9:45 a.m. **Keynote: Living to Grow Up: How Childhood Death Became "Unnatural"**  
*Perri Klass, MD*
- 10:25 a.m. **Question and Answer Panel**
- 10:35 a.m. **Break**
- 10:45 a.m. **Workshop Session 1 (Select one)**
- ▶ **I Can't Shake the Dizziness: Headaches and Dizziness Post-Concussion**  
*James Roberson, MD, Tray Rush, DPT, Andrea Thorne, PT, & Sathya Vadivelu, DO*
  - ▶ **Integrated Behavioral Health in the Primary Care Practice**  
*Kirsten Weltmer, MD, Levi Baker, LMSW, & Meaghan Flynn, PhD, Carey Spain, MSW, LCSW, LSCSW*
  - ▶ **Integrating Intensive Lifestyle Treatment with Pharmacotherapy for Obesity**  
*Sarah Hampl, MD, Lora Edwards, MEd, RD, Celtina Reinert, PharmD, & Brooke Sweeney, MD*
  - ▶ **No Pain, Big Gain: Sharpening Skills for Softer Sticks**  
*Amanda Deacy, PhD, Katy Clarkston, MD, & Lucy Raab, MA, CCLS*
- 12:00 p.m. **Lunch**

## 1:15 p.m. **Workshop Session 2 (Select one)**

- ▶ **Pulse Check: Cardiology Essentials for Pediatric Providers**  
*Luisa Madroñero Waitman, MD, Nikola Dragisic, MD, William Gibson, DO, & Laura Martis, CPNP*
- ▶ **Is it a Bruise? Evaluation of Cutaneous Findings and Identification of Mimics of Child Abuse**  
*Emily Killough, MD, Amy Nopper, MD, & Lyndsey Hultman, MD*
- ▶ **I Can't Shake the Dizziness: Headaches and Dizziness Post Concussion**  
*James Roberson, MD, Tray Rush, DPT, Andrea Thorne, PT, & Sathya Vadivelu, DO*
- ▶ **Integrating Intensive Lifestyle Treatment with Pharmacotherapy for Obesity**  
*Sarah Hampl, MD, Lora Edwards, MEd, RD, Celtina Reinert, PharmD, & Brooke Sweeney, MD*

## 2:30 p.m. **Break**

## 2:45 p.m. **Workshop Session 3 (Select one)**

- ▶ **I Can't Shake the Dizziness: Headaches and Dizziness Post Concussion**  
*James Roberson, MD, Tray Rush, DPT, Andrea Thorne, PT, & Sathya Vadivelu, DO*
- ▶ **Integrated Behavioral Health in the Primary Care Practice**  
*Kirsten Weltmer, MD, Levi Baker, LMSW, & Meaghan Flynn, PhD, Carey Spain, MSW, LCSW, LSCSW*
- ▶ **Integrating Intensive Lifestyle Treatment with Pharmacotherapy for Obesity**  
*Sarah Hampl, MD, Lora Edwards, MEd, RD, Celtina Reinert, PharmD, & Brooke Sweeney, MD*
- ▶ **No Pain, Big Gain: Sharpening Skills for Softer Sticks**  
*Amanda Deacy, PhD, Katy Clarkston, MD, & Lucy Raab, MA, CCLS*

## 4:00 p.m. **Adjourn**



## THURSDAY, SEPT. 18

- 7:45 a.m. **Welcome and Opening Remarks**  
*JC Cowden, MD, MPH*
- 8:00 a.m. **Keynote: Speaking Up for Children**  
*Susan Kressly, MD*
- 8:45 a.m. **Question and Answer Session**
- 8:50 a.m. **Real Talk in Real Time: A Town Hall with the AAP President**  
*Susan Kressly, MD*
- 10:00 a.m. **Pediatric Sleep 101 for Primary Care**  
*Samira Naime, MD*
- 10:30 a.m. **Question and Answer Panel**
- 10:35 a.m. **Break**
- 10:50 a.m. **Workshop Session 4 (Select one)**
- ▶ **Pulse Check: Cardiology Essentials for Pediatric Providers**  
*Luisa Madroñero Waitman, MD, William Gibson, DO, & Laura Martis, CPNP*
  - ▶ **Is it a Bruise? Evaluation of Cutaneous Findings and Identification of Mimics of Child Abuse**  
*Emily Killough, MD, Amy Nopper, MD, & Lyndsey Hultman, MD*
  - ▶ **Integrated Behavioral Health in the Primary Care Practice**  
*Kirsten Weltmer, MD, Levi Baker, LMSW, & Meaghan Flynn, PhD, Carey Spain, MSW, LCSW, LSCSW*
- 12:05 p.m. **Adjourn/Lunch**

## BRADFORD SYMPOSIUM ON INFECTIOUS DISEASES

- 1:15 p.m. **Welcome and Opening Remarks**
- 1:15 p.m. **Vaccine Preventable Diseases**  
*Maria Deza Leon, MD*
- 2:00 p.m. **Keynote: Respiratory Syncytial Virus Prevention: Mothers or Infants?**  
*Elizabeth Schlaudecker, MD, MPH*
- 2:45 p.m. **Break**
- 3:00 p.m. **Neonatal Sepsis**  
*Susana Chavez-Bueno, MD*

- 3:40 p.m. **Keynote: Emerging Infectious Diseases**  
*Elizabeth Schlaudecker, MD, MPH*
- 4:20 p.m. **Question and Answer Panel**
- 4:30 p.m. **Adjourn**

## FRIDAY, SEPT. 19

- 7:45 a.m. **Welcome and Opening Remarks**
- 8:00 a.m. **Keynote: Opioids for Acute Pain\*\***  
*Erin McKnight, MD, MPH*
- 8:45 a.m. **Keynote: What Should We Do When Families Ask Us Not to Share Diagnosis and Prognosis With a Seriously Ill Child?**  
*Sara Taub, MD, MBE*
- 9:30 a.m. **Keynote: Overdose Prevention\*\***  
*Erin McKnight, MD, MPH*
- 10:15 a.m. **Question and Answer**
- 10:25 a.m. **Break**
- 10:35 a.m. **Keynote: Trace to Transparent: Addressing Heavy Metals in Infant Nutrition**  
*Julia Bracken, MD*
- 11:15 a.m. **Cheerleading Safety**  
*Greg Canty, MD*
- 11:55 a.m. **Question and Answer Panel**
- 12:05 p.m. **Adjourn**

\*Agenda is current as of August 2025. Faculty and schedules are subject to change. Please visit [childrensmercy.org/caps](https://childrensmercy.org/caps) for current agenda.

\*\* Intended to meet Medication Access and Training Expansion (MATE) Act requirements and KS Category III CME requirements.

## CONTACT INFORMATION

**Amy Hill, MBA**  
Director, Continuing Medical Education  
Graduate Medical Education  
**Children's Mercy Kansas City**  
2401 Gillham Road  
Kansas City, MO 64108  
**Email:** [caps@cmh.edu](mailto:caps@cmh.edu)  
[childrensmercy.org/caps](https://childrensmercy.org/caps)



## GUEST FACULTY



**Julia Bracken, MD**

Senior Physician, Human Foods Program, Food and Drug Administration, Kansas City, MO.



**Erin McKnight, MD, MPH**

Medical Director, Substance Use Treatment and Recovery Program; Division of Adolescent Medicine, Nationwide Children's Hospital; Associate Professor of Pediatrics, The Ohio State University, Columbus, OH.



**Perri Klass, MD**

Professor of Journalism and Pediatrics at NYU Grossman School of Medicine; National Medical Director, Reach Out and Read; New York, NY.



**Elizabeth Schlaudecker, MD, MPH**

Associate Professor of Pediatrics, Medical Director, Division of Infectious Diseases, University of Cincinnati College of Medicine and Cincinnati Children's Hospital Medical Center, Cincinnati, OH.



**Susan Kressly, MD**

2025 President, American Academy of Pediatrics; Founder, Kressly Pediatrics; General pediatrician and Clinical informaticist, Sanibel, FL.



**Sara Taub, MD, MBE**

Associate Professor, Department of Pediatrics, Oregon Health & Science University; General pediatrician and hospice and palliative medicine physician, OHSU Doernbecher Children's Hospital, Portland, OR.

**“ Fabulous conference!!! I have NEVER been disappointed with CAPS! Every year the talks are excellent. I enjoy the variety of topics and the speakers are always great. ”**

—2022 CAPS attendee







“ The committee outdid itself.  
The topics here are so  
relevant to practice.”

—2024 CAPS attendee

## CHILDREN'S MERCY KANSAS CITY FACULTY

**John Anderson, MD**  
Spine Care; Pediatric Orthopedic Surgery

**Levi Baker, LMSW**  
Office of Community Impact

**Greg Canty, MD**  
Sports Medicine Center; Pediatric Orthopedic Surgery

**Susana Chavez-Bueno, MD**  
Pediatric Infectious Diseases

**Katy Clarkston, MD**  
Pediatric Gastroenterology

**Amanda Deacy, PhD**  
Child Psychology, Pediatric Gastroenterology

**Maria Deza Leon, MD**  
Pediatric Infectious Diseases

**Nikola Dragisic, MD**  
Pediatric Cardiology; Heart Center

**Lora Edwards, MEd, RD**  
Nutrition Services

**Meaghan Flynn, PhD**  
Developmental and Behavioral Medicine

**William Gibson, DO**  
Pediatric Cardiovascular Surgery; Heart Center; Heart Transplant

**Sarah Hampl, MD**  
Weight Management

**Lyndsey Hultman, MD**  
Pediatrics; Child Abuse Pediatrics

**Emily Killough, MD**  
Child Abuse Pediatrics; Graduate Medical Education

**Laura Martis, CPNP**  
Pediatrics; Heart Center

**Samira Naime, MD**  
Pediatric Sleep Medicine

**Amy Nopper, MD**  
Pediatric Dermatology

**Ryan Pasternak, MD, MPH**  
Adolescent Medicine

**Lucy Raab, MA, CCLS**  
Child Life

**Celtina Reinert, PharmD**  
Ambulatory Specialist

**James Roberson, MD**  
Sports Medicine Center; Pediatric Orthopedic Surgery

**Tray Rush, PT, DPT**  
Physical Therapy

**Carey Spain, MSW, LCSW, LSCSW**  
Integrated Care Solutions

**Brooke Sweeney, MD**  
Weight Management

**Andrea Thorne, PT**  
Physical Therapy

**Sathya Vadivelu, DO**  
Pediatric Rehabilitation Medicine

**Luisa Madroñero Waitman, MD**  
Pediatric Cardiology; Heart Center

**Kirsten Weltmer, MD**  
General Academic Pediatrics



## OVERVIEW

Clinical Advances in Pediatrics Symposium (CAPS) provides the latest advances in pediatric research and evidence-based practice to improve the quality of children's healthcare. This annual learning event emphasizes practical application of current concepts that those who care for children and adolescents can apply in their practice.

## REGISTRATION

- May 15 - July 31 - \$500
- August 1 - August 31 - \$545
- September 1 - September 19 - \$595

Registration includes both:

### In-Person Attendance at Children's Mercy Adele Hall Campus

- Participate in live sessions while networking with colleagues.
- Access to 4 dynamic workshop sessions for in-depth learning and collaboration.
- Engage with faculty and ask your questions during panel discussions.
- Breakfast and lunch Wednesday and Thursday; Breakfast on Friday.

### Access to On-Demand Recordings

- Can't make a session in person? Watch the recording later on-demand.
- Recordings available by Oct. 6 through Nov. 30, 2025.

\*Note: Workshop sessions will not be recorded or offered on-demand. Other presentations may not be offered on-demand due to speaker request.

Registration is available on our Children's Mercy CloudCME website or you can visit [childrensmercy.org/CAPS](https://childrensmercy.org/CAPS).

Log in with your username and password or create a new account (be sure to use a unique and individual email address when creating an account). Future communications related to the conference will be sent to the email provided at registration.

You will receive e-mail confirmation of your successful registration. In the event you do not receive a confirmation, or prefer to register by phone, please contact [caps@cmh.edu](mailto:caps@cmh.edu).

Registration fees are waived for dues-paying members of Children's Mercy Physician Business Partners and employees of Children's Mercy Hospital. If you are interested in Children's Mercy Physician Business Partners membership, please contact [alchristensen@cmpcn.org](mailto:alchristensen@cmpcn.org).



## CANCELLATION

Cancellations must be received by Sept. 1, 2025, to receive a refund. A \$75 administrative fee will be deducted. No refunds will be given for cancellations received after this date or for non-attendance.



## CONTINUING EDUCATION

Successful Completion Requirements:

- Complete the evaluation
- Claim credit only for sessions attended

**NEW for 2025 - Nursing:** Participants who meet the requirements for successful completion will receive up to 17.25 nursing contact hours.

Children's Mercy Kansas City is approved as a provider of nursing continuing professional development by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

### Physicians:

Children's Mercy Hospital is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Clinical Advances in Pediatric Symposium: Children's Mercy Hospital designates this other activity (live course and internet enduring material) for a maximum of **18 AMA PRA Category 1 credit(s)**<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn up to **15.5 MOC points in the American Board of Pediatrics' (ABP) Maintenance of Certification (MOC) program**. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABP MOC credit.

## EDUCATIONAL GRANT SUPPORT

We would like to thank the below organizations for their support of CAPS.

- Greater Kansas City Pediatric Society
- William L. and Lenora D. Bradford Lectureship

*This list is current as of August 2025. Any additional support received will follow ACCME Standards for Integrity and Independence in Accredited Continuing Education and will be disclosed prior to the live presentations.*

“ **This was an excellent program.**  
**I took so many notes. I am**  
**excited to share with my**  
**colleagues when I go to**  
**work on Monday.** ”

—2022 CAPS attendee





## ABOUT CHILDREN'S MERCY KANSAS CITY

Children's Mercy Kansas City is ranked as one of "America's Best Children's Hospitals" in all 11 specialties rated by U.S. News & World Report and has received Magnet™ recognition for excellence in nursing services six consecutive times. With 366 licensed beds and a medical staff of more than 750 pediatric subspecialists, we care for children from all 50 states and from around the world. In addition, our leadership in pediatric genomic medicine and individualized pediatric therapeutics is driving research and innovation across all pediatric subspecialties to transform outcomes for children. Children's Mercy is also a leader in providing outstanding pediatric medical education through our pediatric residency, fellowships, and allied health professional educational programs. Our love for children powers everything we do, inspiring our research, innovations and our everyday care. Because love has no limits. And with it, neither do we.



[cmkc.link/caps2025](https://cmkc.link/caps2025)